

**WEEK 3**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>GLOBAL ADVENTURE</b>	<p><b>INDIAN</b> Chickpea and Tomato Masala 93153187</p> <p>Wholegrain Rice* 93109633</p> <p>Green Beans 93153275</p>	<p><b>CHINESE</b> BBQ Mandarin Pork 93130787</p> <p>Beggars Noodles 93131282</p> <p>Stir Fried Vegetables 93131280</p>	<p><b>MEXICAN</b> Beef Barbecoa 93130865</p> <p>Baked Garlic &amp; Herb Potato Wedges(no oil) 93131371</p> <p>Broccoli 93143358</p> <p>Sweetcorn 93094208</p>	<p><b>THAI</b> Thai Red Chicken Curry 93143035</p> <p>Lime and Coriander Rice 93130499</p> <p>Crunchy Vegetable Salad 93080521</p>	<p><b>BRITISH</b> Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93036011</p>
<b>HIGH STREET FAVES</b>	<p><b>DEEP SOUTH DINER</b> Chilli Beef Nachos 93142775</p>	<p><b>WINGS &amp; THINGS</b> Roast Chicken Wings brushed with Lemon &amp; Herb or Sticky Tabasco 93131377</p>	<p><b>DEEP SOUTH DINER</b> Quorn Cheese Burger 93153364</p>	<p><b>WINGS &amp; THINGS</b> Smoky BBQ Chicken and Boston Bear Wrap 93154280</p>	<p><b>DEEP SOUTH DINER</b> New York Hot Dog 93142777</p>
	<p>Black Eyed Bean Veggie Burger (v) 93132515</p>	<p>Loaded Triple Mac 'N' Cheese (v) 93129233</p>	<p>Cauliflower &amp; Creamed Corn Bake (v) 93130867</p>	<p>Grilled Piri Butternut &amp; Halloumi Skewers (v) 93132517</p>	<p>Black Eyed Bean and Vegetable Jambalaya 93153886</p>
	<p>Paprika Wedges (no oil) 93130895</p>	<p>Carnival rice 93153903</p>	<p>Baked Garlic &amp; Herb Wedges (no oil) 93131371</p>	<p>Tomato and Herb Rice 93153904</p>	<p>Chips (oil) 93124814</p>
	<p>Corn Slaw 93153240</p>	<p>Southern Greens 93154278</p>	<p>BBQ Beans 93129227</p>	<p>Sweetcorn Fritter 93123552</p>	<p>House Slaw 93129626</p>
<b>SPEEDY ITALIAN</b>	<p>Veggie Hot One Pizza (v) 93128498</p>	<p>3 Cheese Sicilian Pizza (v) 93135631</p>	<p>Mushroom &amp; Sweetcorn Pizza (v) 93147170</p>	<p>Sicilian Cheese &amp; Tomato Pizza (V) 93137894</p>	<p>Cajun Chicken Sizzler Pizza 93128496</p>
	<p>Cheesy Penne Pasta (v) 93143814</p>	<p>Beef Lasagne 93046483</p>	<p>Carbonara Pasta 93137662</p>	<p>Herby Tomato Pasta (v) 93147954</p>	<p>Beef bolognaise 93102799</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>